

JUNE 2012

REYNOLDS NEWS WRAP

**Reynolds United
Methodist Church**

2496 Reynolds Road
Ashton, IL 61006

PASTOR ALAN MEYER

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**NEWSLETTER REPORTS
AND ITEMS DUE
FRIDAY
JUNE 15TH**

JUNE ***ACTIVITY HIGHLIGHTS***

June 7th - 8:30 am- Women's Breakfast
June 19th - Hub Cluster @ Chana UMC
June 30th -8:00 am- Cluster Men's Breakfast

**PRAYER & BIBLE STUDY EVERY
WEDNESDAY AT 9:30 AM.**

JUNE 14TH - FLAG DAY!



JUNE 17TH - FATHER'S DAY





Dear Reynolds UMC Members and Friends,

Grace and peace to you in the name of Jesus Christ! As I write, the skies are darkening in preparation for a thunderstorm. The birds have gone silent, and our dog is hiding and is anxious. Such moments are good times to remember that all the earth is nurtured by a loving God, and often in ways we cannot fathom. I ask sometimes as the storm clouds role in, "What good does a thunderstorm do?" And then I remember that natural fire renews forests and drenching rain refreshes the very water we drink. Our interdependence with all that is part of a gift from God and a sign to us of God's intent for our lives.

We are all called to be disciples - The call to discipleship is a call to confess our allegiance to Jesus in the face of a hostile world; to serve him and his mission, whatever the cost. So to be a disciple is to be a disciple-maker. We are called both to encourage other believers as well as to have a passion to reach others who do not know Jesus.

We are partners in the Gospel of Grace - Both pastor and members/attendees are in Gospel partnership standing together united in the Gospel - determined to live as citizens of God's kingdom & longing to see the Gospel proclaimed in our local Community and the world. We stand together in praying and caring for one another and our needs. We stand united to equip one another in ministry. We find creative ways to use our different spiritual gifts and talents to encourage and bless one another and the community we serve. Some goals we may want to think about: From running programs **to building people**. From running events **to training people**. From using people **to growing people**. From filling gaps to **training new workers**. From solving problems **to helping people make progress**; from focusing too much on immediate pressures **to aiming for long-term expansion**; from engaging in management **to engaging in ministry**; from seeking church growth **to desiring Gospel growth**; to develop Team leadership and ministry and **to forge ministry partnerships** (with other churches and organizations). These should be our goals. As storm clouds grow, and they will, let us always remember that the sun is shining above them. That God is in all things and wants only the best for His followers.

FINALLY, 'Be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain' (I Corinthians 15:58).

Pastor Al

HUB CLUSTER NEWS & EVENTS

Friday, June 15th - 7-9:30 pm - ESWOODSTOCK - 17TH Annual Music Festival

Outdoor Christian Music Concert Hosted by Esmond United Methodist Church, Esmond, IL . Bring a lawn chair! Food & drinks available starting at 6:00 pm. Concert will be inside in case of inclement weather. (See poster on the bulletin board)

July 7th & 8th. The Cluster is planning a workday at Reynoldswood Camp workday. Volunteers are welcome and needed. Anyone may camp overnight at no charge if they have helped during the day. Campers bring their own tent & mattress. There may be space for sleeping inside one of the buildings.

Breakfast on Sunday morning will be \$7.00. Worship following the breakfast. Volunteers bring their own lunch, and a potluck supper is planned with some entertainment and time around a campfire.

Midwest Missions are accepting the following for their mission work: Old Upper Room Devotionals, Bibles, Hymnals, Canes, Walkers, Commodes, Wheelchairs, & Knee Braces.

Fall Mission Trips are being discussed.



6 yr old Emma; Adam Devine; Ashley Roux's friend who is pregnant and found out there is a problem with the baby; Baby Molly; Bob Cheeseman; Carrie Becker's mother; Cecil Brake; Chris, Nancy Egger's daughter and granddaughters (Jill & Jenna); Debbie VanDyke; Diane Mammen; Duane Truckenbrod; Jill Cox; Jill Meadows; Jill, (Sue Bertenshaw's niece); Jim Steder; Lelia Place; Linda Meyer's mother; Marie Kurz's sister and niece; Neil Miller; Neva Becker; Pastor Al & Linda; Steve Pfeiffer; Violet Lawrence; and Virgil Page.

OTHERS: All those mentioned in previous weeks; Cancer patients; Tornado victims; Families who have recently lost loved ones; Members of the Armed Forces and their families; Struggling families who are facing life challenges; Families dealing with depression and income problems; and all 'Unspoken Requests'.

SERVING IN JUNE:

Communion Steward: Linda Meyer

Ushers: Shannon Brown, Kathy Becker, Kathy Brown, Audrey Roop

**Greeters: June 3rd & 10th: Bob & Linda Cheeseman
June 17th & 24th : Bill Kirchhofer**

Flowers: Linda Meyer or Lynnette Lawrence

Church Hostess: Nancy Gittleson



<u>Date</u>	<u>Children's Moment</u>	<u>Nursery</u>	<u>Media</u>
June 3rd	Kathy Clark	Help Needed	Ed Uphoff
June 10th	Pastor Al Meyer	Kathy Brown	Leslie Gittleson
June 17th	Cindy Knight	Help Needed	Kathy Brown
June 24th	Lois Heimbaugh	Help Needed	Brett Heckman

<u>Date</u>	<u>Lawn Mowing</u>	<u>Coffee Fellowship</u>	<u>Liturgist</u>
June 3rd	Kyle Lawrence	Ackland/Gittleson	Bill Kirchhofer
June 10th	Bob Heimbaugh	TBA	Audrey Roop
June 17th	Bob Cheeseman	Pie Sunday	Rhonda Brown
June 24th	Bill Kirchhofer	TBA	Ed Uphoff

June Mission Project: Mercy Ships
Bring Mission Offerings on the 4th Sunday (June 24th)

COMMITTEE REPORTS

SAFE SANCTUARY

Rhonda Brown, Chair

For this article I decided not to write about abuse, but a related topic; depression. Many victims/survivors as well as a lot of other people are diagnosed with depression. It is more common than people realize and is very often misunderstood. Unless you are the one experiencing it, you cannot completely understand what a person diagnosed with depression is going through. However, I am hoping that by sharing a little information about it, you will at least be a little more sympathetic. I will cover the definition, types, and signs and symptoms. I found the information on www.helpguide.org; however there are several other websites that provide the same information as well.

Depression is defined as : a noun - “a mental disorder characterized by extreme gloom, feelings of inadequacy, and inability to concentrate or *pathol* an abnormal lowering of the rate of any physiological activity or function, such as ‘respiration’ on www.dictionary.com. We all have times when we feel sad or a little blue as a normal reaction to setbacks and disappointments, but depression is much more than just sadness. It has been described as “living in a black hold.” No matter what the symptoms are, “it is different than from normal sadness in that it engulfs your day-to-day life, interfering with your ability to work, study, eat, sleep, and have fun. The feeling of helplessness, hopelessness, and worthlessness are intense and unrelenting, with little, if any, relief.”

There are many different types of depression. When a person understands what type they have been diagnosed with, he/she can seek the most effective treatment for his/her depression.

1. Major depression - is usually characterized by the inability to enjoy life and experience pleasure. The symptoms are constant, ranging from moderate to severe. If it goes untreated it could last up to 6 months. Many experience just a single depressive episode in their lifetime, but it is more common as a recurring disorder.
2. Dysthymia (recurrent, mild depression) - is a chronic “low-grade” depression. More days than not the person is feeling mildly or moderately depressed. The symptoms are not as strong as with major depression, but will last a long time (at least 2 years). It makes it difficult to live life to the fullest or to remember better times. Some people experience both - major depression and Dysthymia.
3. Seasonal affective disorder (SAD) - some people get depressed in the fall or winter, when overcast days are frequent and sunlight is limited. It is more common in the northern climates.
4. Bipolar Disorder: When depression is just one side of the disorder - Can also be called manic depression. The episodes of depression alternate with manic episodes. The switch from one to the other is usually gradual with each episode lasting for several weeks.

Some common signs and symptoms of depression:

- Feelings of helplessness and hopelessness
- Loss of interest in daily activities
- Appetite or weight changes (significant weight loss or gain)
- Sleep changes (insomnia or hypersomnia)
- Anger or irritability
- Loss of energy
- Self-loathing
- Reckless behavior
- Concentration problems
- Unexplained aches and pains

As I stated above, unless you are the one experiencing it, you cannot fully understand what a person is going through. Even if you are caring for a family member who has been diagnosed, or if you have taken classes to learn more about it, you will not completely understand. Gary and I learned this the hard way when we were helping take care of his mom. If you are someone that is diagnosed, I hope you are seeking help. If you are a family member or a caregiver, then you should also seek support or services for yourself. Neither the person diagnosed nor the support person has to go through it alone. In the next article I will cover some causes, risk factors, and treatments.

Romans 15: 13 (NLT) I pray that God, the source of hope, will fill you completely with joy and peace because you trust in Him. Then you will overflow with confident hope through the power of the Holy Spirit.

EDUCATION COMMITTEE

Rhonda Brown, Chair

We have decided to do something a little different for Sunday school during the summer. Three classes will be combined (PK-6th grade). We are looking for people to teach about the “Heroes of the Bible” for the combined class. If you are interested please write your name on the sign-up sheet in Fellowship Hall. We need two people (high school or older) for each week. I have listed some of the Heroes so you can choose from the list or share another Bible story. Write your choice for the hero next to your name and cross your choice off the list. Contact me if you have questions. Thank you. Rhonda

TRUSTEE’S MEETING

Bob Heimbaugh, Secretary

The following items were discussed at the May meeting:

- (1) Getting bids for the porch windows.
- (2) The porch door has been replaced.
- (3) Flowers will be planted on the South side of the church this year.
- (4) Purchasing two new toilets for the Ladies restroom.
- (5) Discussed programmable thermostats with locks.

GETTING TO KNOW YOU:

NAME: Ethan Raymond Vogeler
Birthday: March 23, 2006
HOME TOWN: Ashton, IL
PARENTS NAMES: Rich & Stacie Vogeler
SIBLINGS NAMES : Emalie - 9
SCHOOL AND GRADE: AFC Kindergarten
FAVORITE SCHOOL SUBJECT: Math
HOBBIES: Collecting toy cars.
FAVORITE FOOD: Pears
FAVORITE PLACE TO 'EAT OUT': The Huddle
PETS: Shelby, Sadie, Bob & 4 fish
FAVORITE TIME OF DAY: Evening
WHY: Because I get to play
FAVORITE MOVIE: Cars
FAVORITE ADULT(S) IN YOUR LIFE: My parents
WHAT DO YOU HOPE TO DO IN YOUR ADULT LIFE?
I would like to be the person who sets off the fire-works during the 4th of July or other special occasions.

(continued Committee Reports)

EDUCATION COMMITTEE (continued)

VACATION BIBLE SCHOOL

This year, instead of providing cookies and juice for the kids during VBS, we are providing a quick, easy meal before VBS at 5:30 pm with VBS starting at 6:00 pm. We could average about 50 kids each night, and we should have about 20 to 25 staff.

If you are willing to help provide part (or all) of an easy meal for the kids and staff, please write your name and what food item you are furnishing on the sign-up sheet in Fellowship Hall. Some Hotdogs have been donated, so that will be one of the meals.

Also, you can provide some snacks to Pastor Al and Linda for the college kids (VBS leaders). Here are some suggestions: Pringles - Cuties - Croutons - Chex Mix - Carrots - Cheese - Munchies Strawberries - Animal Crackers - Grapes - Pretzels - Fruit Snacks - Fruit. Thank you.

Contact Rhonda Brown if you have any questions.

NURTURE COMMITTEE

Kathy Clark, Chair

Girl's Spring Salad Luncheon - Great Fun!

Forty-nine of the girls and one handsome, young gentleman - Mason Bertenshaw, enjoyed the Spring Salad Luncheon. There was an awesome, delicious variety of salads with many compliments shared. The ladies brought their beautiful tableware, and each table was unique. The settings ranged from bold, black & white, bright reds, apples to a setting that was almost 100 years old. It was interesting to hear the tableware stories. Cindy Knight shared with us some Mother's Day humor and trivia. Then we were treated to a delightful Spring Fashion Show with such a "beautiful" array of styles. From Frances Cappel's stunning "bear backed" dress, Linda Meyer's "checked" dress, Jessica Clark's "pin striped" jacket to Kathy Becker's "cocktail" dress. There was much laughter as each of the girls shared their favorite fashions. Everyone had a great time, and we will look forward to our next annual Spring Salad Luncheon.

Father's Day Pie Sunday

We will be honoring all of the Fathers of Reynolds United Methodist Church on Father's Day - June 17th - with a "Pie Sunday". The social time following the worship service will feature a delicious variety of homemade pies for the guys to choose from - plus everyone else! All are invited to come and enjoy this special time of celebration.

FUND RAISERS

Our church has two upcoming fundraising opportunities - June 9-10 at the Ashton Summer Celebration and June 30th at Lelia Place's auction. We will be selling pop and water at both. To keep costs down, we are asking the congregation to donate cases of bottle water and/or cases (or 12-packs) of pop. (Mt. Dew, Pepsi, Diet Coke, 7up, any brand of Root beer) To keep our menu simple, please stick with these brands and types of pop. Any left over can be used at VBS, church picnic, coffee fellowship, etc., so nothing will go to waste.

We will also need workers to help. Contact Cindy Knight to volunteer or for any questions. THANK YOU!

PS: don't forget to come and ride the float in the Ashton parade on June 10th!!!

All graduates will be honored during the Worship Service on Sunday, June 3rd.

OUTREACH

The Transport for Christ Mobile chapel located at the Petro Travel Plaza in Rochelle turns 20 this year, so it's time for a new chapel trailer! Costs for converting a trailer into a chapel will be at least \$20,000.

Petro has committed to assist in fundraising for this project and are coordinating an "Anytime Spaghetti Fundraiser Dinner" for the Petro Mobile chapel. Here's how it works. People can buy a ticket for \$5.00. All of the \$5.00 goes directly to the Mobile Chapel project. Then people can take their ticket to the Iron Skillet Restaurant, located inside the Petro Travel Plaza ANYTIME and enjoy an "All You Can Eat" Spaghetti Dinner for just \$3.00! In doing this, the Transport for Christ staff doesn't have to find a hall, prepare the food and designate a certain date & time for people to come and eat. It's also a bargain for those who buy the tickets because they are getting an All-You-Can-Eat Spaghetti dinner for a total of \$8.00 which includes the soup and salad bar. The regular menu price for just spaghetti dinner \$9.00 (and it's not all-you-can-eat).

As a supporting church of the Petro Mobile Chapel, we ask our congregation to buy tickets for this fundraiser. There are 3 ways to purchase tickets: see Cindy Knight or any Mobile Chapel Staff member or purchase your ticket right at the Iron Skillet cashier.

Thank you so much for supporting this mission!

**IN THE ELEVATOR OF LIFE,
WILL YOU BE GOING UP OR DOWN?**



Reynolds United Methodist Church
2496 Reynolds Road
Ashton, IL 61006
(815) 453-2513

ADDRESS SERVICE REQUESTED

BIRTHDAYS & ANNIVERSARIES

BIRTHDAYS

3 Olivia Rueff
4 Don Cappel
6 April Piller
Jerry Lawrence
7 Jack Townsend
11 Randy Gittleson
Molly Uphoff
12 Gerri Underhile
13 Kristy Murphy
16 Marcia Gittleson
17 Lindsay Stumpenhorst
19 Bob Bertenshaw
25 Chloe Stumpenhorst
26 Dekota Becker
30 Ronald L. Tippy
Roger Edson
Cindy Knight
Ed Uphoff
Jill Pfeiffer

ANNIVERSARIES

3 Chad & Kristy Murphy
7 Nate & Ashley Roux
12 Lyle & Sally Ranken
16 Rich & Nancy Eggers
22 Dusty & Brooke Horner
27 Bill & Paula Kunkel

OTHER SPECIAL DATES

14TH - Flag Day
17th - Father's Day
21th - First Day of Summer